

# HB

HOUSE OF BEAUTY

M E D S P A

## Post Care Lip Filler

- No tanning for 24 to 48 hours.
- No straws for 72 hours.
- Until the swelling and redness have resolved, avoid intense heat in the treated area. This includes sunbathing, tanning, saunas, hot tubs, hot wax, spicy foods, and hot beverages. Avoid facials for 2 weeks.
- No aspirin, ibuprofen, Advil, or Motrin for 24 to 72 hours unless prescribed by your MD. You can take Tylenol only for any discomfort.
- No makeup for 24 hours.
- Avoid drinking alcohol or partaking in strenuous exercise for 24-72 hours as it may result in additional bruising.
- To help alleviate bruising and swelling, we recommend taking Arnica or Bromelain and eating fresh pineapple.
- Must use a new Chapstick. Nothing old, no lip plumper, mint, menthol, or anything you dip your finger in. Using old products can potentially cause an infection. Please avoid lip scrubs for 2 weeks.
- No dental procedures for 2 weeks post lip augmentation.
- If lumps and bumps are felt on the 4<sup>th</sup> day please start to massage your lips.

### **Please Contact Us Immediately if You Experience:**

- Fever and/or chills
- Severe Pain or Discolored blotches in areas not injected or blanching (white) of injected areas.

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M E D S P A

## **Post care Cheek/Jawline/Chin Filler**

- Until the swelling and redness have resolved, avoid intense heat in the treated area. This includes sunbathing, tanning, saunas, hot tubs, and hot wax. Avoid facials for 2 weeks.
- Avoid pressure on the treated areas for the first few nights (sleep on back of possible)
- Avoid drinking alcohol or partaking in strenuous exercise for 24-72 hours as it may result in additional bruising.
- Do not use AHA, Retinols/Vitamin C therapy or make-up for 24 hours.
- No aspirin, ibuprofen, Advil, or Motrin for 24 to 72 hours unless prescribed by your MD. You can take Tylenol only for any discomfort.

### **Please Contact Us Immediately if You Experience:**

- Fever and/or chills
- Severe Pain or Discolored blotches in areas not injected or blanching (white) of injected areas.



HOUSE OF BEAUTY

M E D S P A

## Post care Under Eye Filler

- No makeup for 24 hours.
- No tanning for 24 to 48 hours.
- Until the swelling and redness have resolved, avoid intense heat in the treated area. This includes sunbathing, tanning, saunas, hot tubs, and hot wax. Avoid facials for 2 weeks.
- Avoid pressure on the treated areas for the first few nights (sleep on back of possible)
- Avoid drinking alcohol or partaking in strenuous exercise for 24-72 hours as it may result in additional bruising.
- Do not use AHA, Retinols/Vitamin C therapy.
- No aspirin, ibuprofen, Advil, or Motrin for 24 to 72 hours unless prescribed by your MD. You can take Tylenol only for any discomfort.
- DO NOT massage your under eyes and no icing.
- Swelling and bruising is normal post under eye filler and can last up to two weeks. You can take Zyrtec or Claritin D to help with swelling. Healing for Under eyes can take up to 1 month!

### **Please Contact Us Immediately if You Experience:**

- Fever and/or chills
- Severe Pain or Discolored blotches in areas not injected or blanching (white) of injected areas.